



Orange County Family Wellness Plan Initiative

September 2026

Improving outcomes for infants and families affected by perinatal substance use

Goals

- Keep the parent-baby dyad intact when a safe thriving environment is possible
- Support the recovery of pregnant and parenting individuals and their families
- Implement County-wide policies and protocols to support families across the care continuum



Implementation Strategies



- Increase care coordination across prenatal care providers, OC birthing hospitals, SUD providers, and others
- Establish trust by reducing stigma, discrimination and implicit bias
- Increase access to care by creating a centralized repository of resources
- Improve data collection to make informed decisions

Collaborative Infrastructure

- Annual Family Wellness Initiative Summit: informs and educates community partners
- Family Wellness Plan (FWP) Implementation Resources SharePoint: hosts collaborative resources
- FWP Pathway: coordinates activities between community partners
- FWP Provider Companion Guide: provides guidance on how to introduce and complete FWP
- Newborn Risk Assessment (NRA) Tool: standardizes assessment of a family's risk factors and supports
- OC FWP Notification Portal: captures de-identified hospital FWP data
- OC FWP Template: communicates strengths, needs, and accomplishments to providers and helps with care coordination



Over 70+ Participating Organizations

The collaborative currently includes over **240+** representatives from **70+** organizations (and growing), as well as persons with lived experience and individual providers. The Task Force and workgroups are led by:

- **County of Orange Social Services Agency**
- **Hoag Hospital**
- **First 5 Orange County**
- **Hospital Association of Southern California**
- **OC Health Care Agency**



Every Parent OC

<https://everyparentoc.org/providers/plans-of-safe-care>

Every Parent OC is a key resource hub for information about Family Wellness Plans for the Orange County community. The goal of Every Parent OC is to provide the community with information and resources to experience pregnancy and parenting in a safe and healthy way. It also equips providers with the tools to support families.



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Key Accomplishments

Outreach & Training

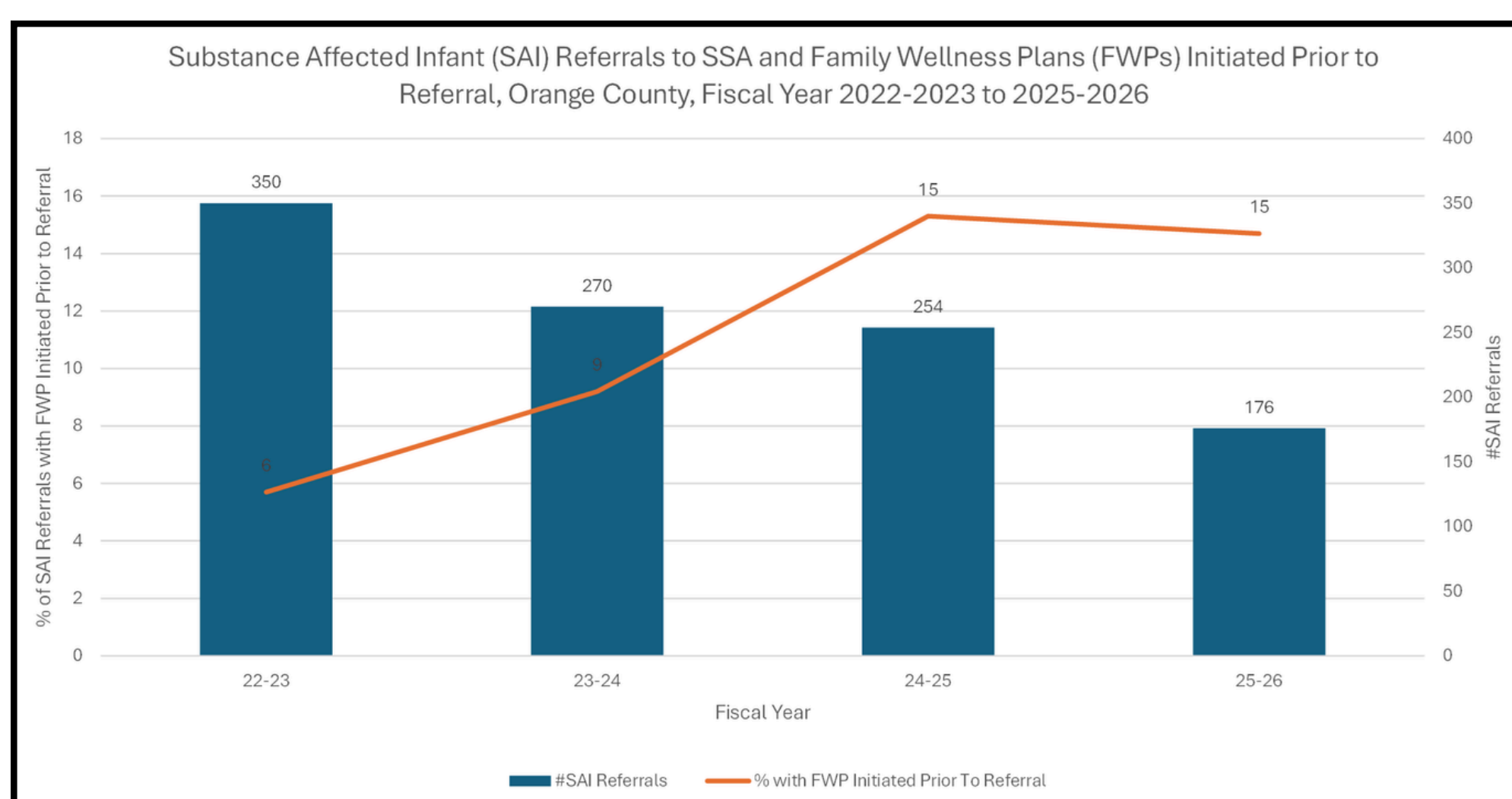
- Identified workforces across the care continuum as target audiences
- FWP presentation templates were uploaded and made accessible at the HCA SharePoint
- FY 25-26 Outreach and training with **28** presentations for **560** community providers and organizations



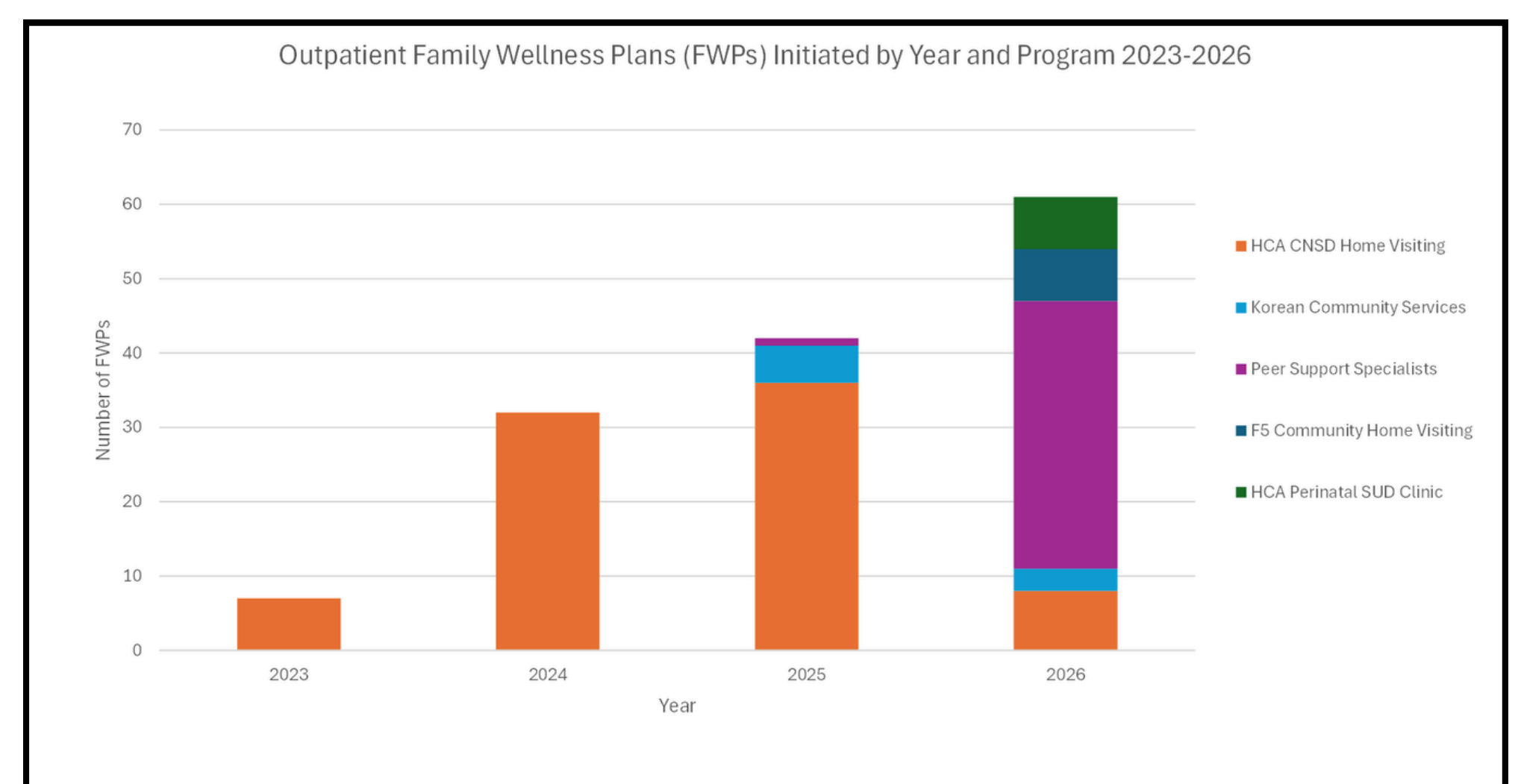
Implementation & Data (as of June 30, 2026)

- FWP Implementation: **7** birthing hospitals
 - Onboarding and implementation support: workflows, training and resources
 - Developed Hospital Implementation of the Family Wellness Initiative FAQ and Postpartum Support for Family Wellness brochure
- Hospital Notification Portal Utilization: **150** substance-exposed infant notifications submitted
 - FY24-25: **31**
 - FY25-26: **119**
 - Number of Prenatal FWPs: **15**
 - Number of FWPs initiated at birth hospital: **73**

Substance Affected Infants (SAI) Reported to the County of Orange, Social Services Agency



Outpatient Family Wellness Plans (FWPs) Initiated by Year and Program



Current Priorities for 2026 - 2027

- Expand trained peer support specialist and perinatal public health nurse capacity to assist more families
- Provide tailored presentations to community providers to engage in FWP operationalization and facilitate advancement of county-wide processes
- Support the deeper integration of FWP implementation within every OC birthing hospital
- Collect meaningful data to drive Task Force priorities and make informed decisions

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